

Date: 05-01-2021

Health Bulletin

Time: 06:00 PM

**PREVENTIVE
MEASURES
AGAINST
COVID - 19**

**you
must be
aware!**

**be cautious
be safe**



WEAR MASK



**WASH YOUR HANDS
WITH SOAP**



**COVER YOUR COUGH
AND SNEEZE**



**AVOID TOUCHING NOSE,
EYES AND MOUTH**



**KEEP ONE METER AWAY
FROM SICK PEOPLE**



**STAY AT HOME
UNTIL RECOVER**



Positive Today: **254**



Recovered Today: **483**



Death Today: **09**



Active Cases: **3717**

S⁺vt_y

Sample Positivity: **5.01%**

R%

Recovery Percentage: **92.98%**

- Total cumulative Positive COVID-19 detected: **92366**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **85883 (92.98%)**
- Total Number (%) of COVID-19 patients migrated out of state: **1222 (1.32%)**
- Total Number (%) of COVID-19 Deaths: **1544 (1.67%)**
- Number of samples found negative for COVID-19 today: **12356**
- Total number of samples sent for COVID-19 testing today: **11678**
- Total number of cumulative samples found negative: **1750511**
- Total number of samples result awaited: **12140**

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	51	133	77770	10	3094	80864	112
Bageshwar	227	38	48642	1	1511	50153	274
Chamoli	250	319	79272	4	3396	82668	315
Champawat	426	642	84242	7	1770	86012	437
Dehradun	3518	3113	302091	90	27808	329899	3550
Haridwar	1890	1302	300513	17	13502	314015	1976
Nainital	1487	1537	162499	76	11680	174179	1490
Pauri Garhwal	431	816	120667	0	5040	125707	432
Pithoragarh	219	155	64101	12	3265	67366	220
Rudraprayag	216	162	47067	2	2223	49290	256
Tehri Garhwal	309	281	91415	13	4161	95576	402
US Nagar	2157	2695	269432	12	11193	280625	2171
Uttarkashi	497	1163	102800	10	3723	106523	505
Total	11678	12356	1750511	254	92366	1842877	12140

Details of Districts having Positive COVID-19 Cases

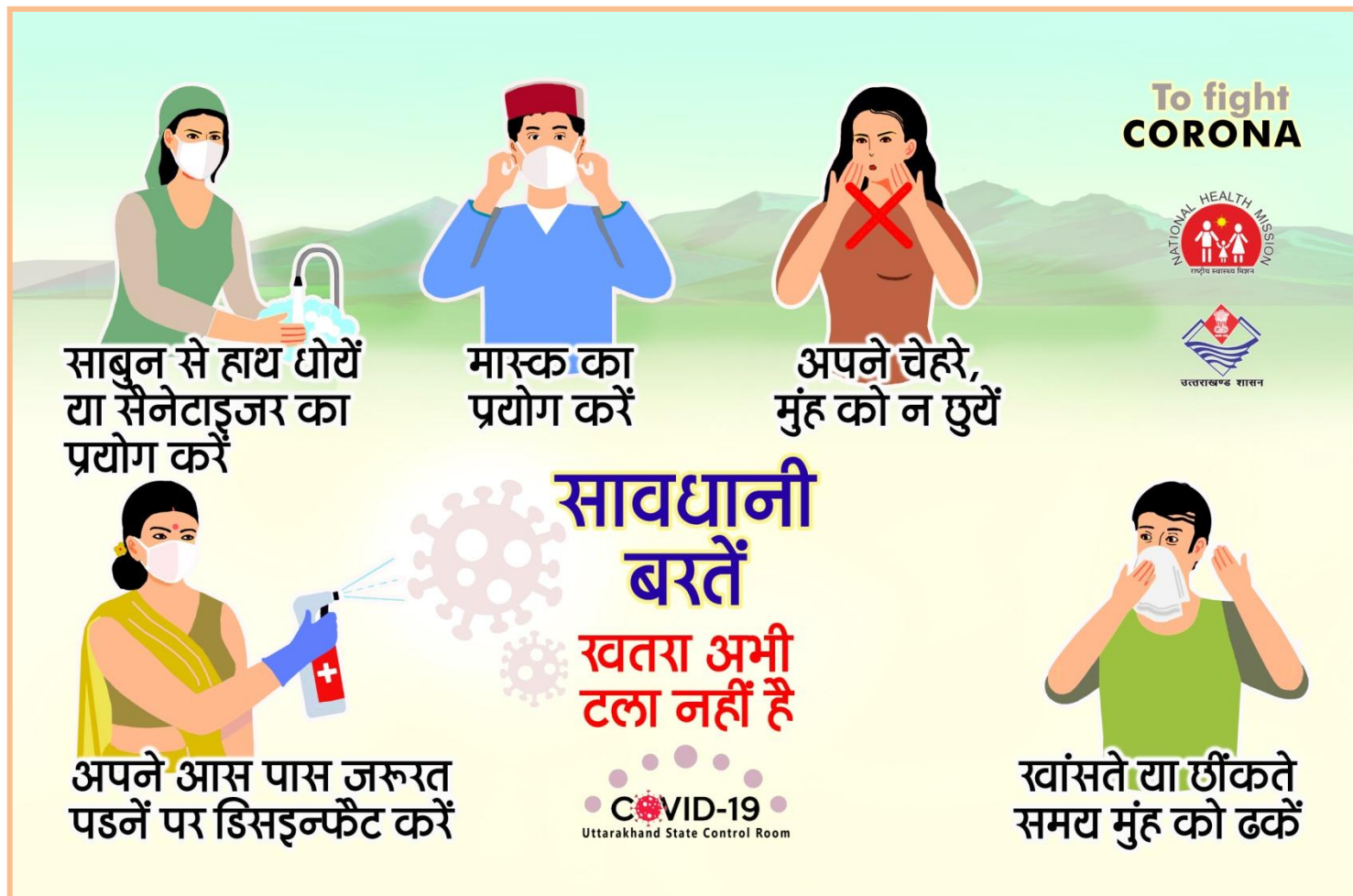
Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	3094	2819	148	26	101
Bageshwar	1511	1343	150	18	0
Chamoli	3396	3206	108	15	67
Champawat	1770	1619	69	8	74
Dehradun	27808	25361	1172	863	412
Haridwar	13502	12,903	320	149	130
Nainital	11680	10556	852	213	59
Pauri Garhwal	5040	4833	126	57	24
Pithoragarh	3265	3040	184	41	0
Rudraprayag	2223	2146	61	10	6
Tehri Garhwal	4161	3809	198	16	138
U.S. Nagar	11193	10,844	125	111	113
Uttarkashi	3723	3,404	204	17	98
Total	92366	85883	3717	1544	1222

District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	03	<u>Dehradun (02)</u> 1. 1056 Indra Nagar, Kanwali , Near Seemadwar (02-12-2020) 2. 11 GMS Road (01-01-2021) <u>Mussorie (01)</u> 1- Kempty Road (28-12-2020)
2	Uttarkashi	07	<u>Mori (4)</u> 1. Motard (11-12-2020) 2. Raju Gaon (17-12-2020) 3. Gram Rasti (01-01-2021) 4. Ramalgaon (01-01-2021) <u>Bhatwari (2)</u> 1. Gram Malla (13-12-2020) 2. Gram Gyanja (16-12-2020) <u>Barkot (1)</u> 1. Gram Badhiya (21-12-2020)
3	Pauri	02	<u>Chobthta Khal (1)</u> 1. Gram Silaith (13-12-2020) <u>Kotdwar (1)</u> 1. Sitabpur, Devi Road, Patti Sukhro (14-12-2020)
4	Nainital	08	<u>Haldwani (8)</u> 1. Ganga Enclave Nawabi Road (21-12-2020) 2. Ekta Vihar, RK Tent House Road, Kusumkheda (21-12-2020) 3. Shyan Singh Mehra Marg, Madhuban Colony Unchapul (21-12-2020) 4. 8/430, Heera Nagar (21-12-2020) 5. SR Puram Near Amrit Ashram Bithoriya No.1 (23-12-2020) 6. Shiv Mandir ke Samane, Gitanjali Tent House Wali Gali , Sheeshmahal (23-12-2020) 7. Bithoriya No.1, Gair Vaishali , Hari Colony (23-12-2020) 8. Bank Colony Gas Godam Road , Kusumkheda (23-12-2020)
	Total	20	



Disinfection



Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Four Hundred Eighty Three (483) patients discharged in different districts (Almora– 02, Bageshwar– 02, Chamoli– 09, Champawat– 74, Dehradun– 115, Haridwar– 50, Nainital– 73, Pauri– 13, Pithoragarh– 92, Rudrapur– 00, Tehri– 15, U.S. Nagar– 22 & Uttarkashi– 16).
- **Death:** Nine (09) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 1. A 44 year old Male expired in AIIMS Rishikesh, Dehradun due to Type 1 Respiratory Failure, COVID Pneumonia, Acute Respiratory Distress Syndrome & Sepsis.
 2. A 36 year old Male expired in AIIMS Rishikesh, Dehradun due to Type 1 Respiratory Failure, Severe Acute Respiratory Distress Syndrome & COVID Pneumonia.
 3. A 58 year old Male expired in Synergy Institute of Medical Sciences, Dehradun due to Bilateral Pneumonitis, Acute Respiratory Distress Syndrome & Respiratory Failure.
 4. A 69 year old Male expired in Shri Mahant Indresh Hospital, Dehradun due to Cardiopulmonary Arrest, Multiple Organ Dysfunction Syndrome, Type 1 Respiratory Failure, Acutely Kidney Injury, Sepsis & Septic Shock.
 5. A 57 year old Male expired in Shri Mahant Indresh Hospital, Dehradun due to Cardiac Arrest, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Bilateral Pneumonia & Sepsis.
 6. A 67 year old Male expired from Himalayan Hospital, Dehradun on due to COVID Pneumonia, Severe Metabolic Acidosis, Septicemia & Septic Shock.
 7. A 72 year old Male expired in District Hospital, Pithoragarh due to Acute Respiratory Distress Syndrome & COVID Pneumonia.
 8. A 75 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Sudden Cardiopulmonary Arrest, Severe Acute Respiratory Illness, Bilateral Pneumonitis, Severe Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure & Septicemia.
 9. A 68 year old Female expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Sudden Cardiopulmonary Arrest, Severe Acute Respiratory Infections, Bilateral Pneumonitis, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Septicemia & Shock.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

कोरोना काल के इस दौर में
इनका विशेष
ध्यान रखें..





वर्षिष्ठ नागरिक
60 वर्ष से पर



छोटे बच्चे
10 वर्ष तक



गर्भवती स्त्री

जो पहले से ही किसी
बीमारी से ग्रस्त हैं



उत्तराखण्ड शासन



NATIONAL HEALTH MISSION
राष्ट्रीय स्वास्थ्य मिशन
उत्तराखण्ड



COVID-19
Uttarakhand State Control Room

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129

**कोविड-19 परीक्षण रिपोर्ट को घर बैठे
वेब लिंक के द्वारा प्राप्त करें**
covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है

